2025 CHNA Implementation Plan - Holton (KS)

Round #5 CHNA Health Needs Tactics Year 1 of 3 starting 1/1/25 through 12/31/25

	CHNA Health Areas of Need	T	"Specific Actions" to Address Community Health Need or "Reasons Why Hospital Will Not"	Identified "Lead"	Identified Partners	Timeframe	(Hours)	$$$
1	**Mental Health (Diagnosis, Placement, Aftercare, Providers)**	a	Continue to explore / develop relationships with key community partners in the area of mental health for collective impact. Look into regional partnerships for additional support.	Kanza & Senior Life Solutions	4H_FFA, Aux, Clergy, Clinic, Club, DOH, EMS, Law Enf, M Health, Senior, Teen			
		b	Continue to increase depression screenings and referrals by primary care physicians. Add trauma assessment for pediatrics and other MH issues.		**Holton Family Health**			
		c	Continue to provide mental health service "first aid" training for law enforcement, schools, and other first responders community wide.					
		d	Recruit/retain Mental Health providers to meet specific mental inventory needs as identified. Consider recruitment of locum or visiting provider.					
		e	Continue community education across all ages. Collaborate with community elementary, middle, and high schools to educate students on mental health (de-stigmatize mental health conditions, suicide prevention and social media bullying).		**Senior Life/KANZA**			
		f	Continue and enhance a 24-hour crisis hotline (Statewide Number: 800-273-8255), 1-800-784-2433), 988). High Plains crisis line / screenings		**KANZA**			
		g	Continue to investigate grant writing to fund mental health and depression. Use grant funding to support mental health care and mental health prevention.					$500
		h	Continue Suicide prevention training at schools for all ages. Develop and sponsor an anti-suicide campaign for local community members.					
		i	Continue to educate all medical staff including EMS and Police officers regarding mental health delivery issues and how to address them. Provide different levels of training for staff using lunch and learn presentations, etc. to keep them current in treating mental health issues.					$1,000
		j	Continue hospital telehealth / develop relationships with key community partners in the area of mental health for collective impact.		**Holton Family Health**			$15,000
		k	Continue to update Community Inventory Survey to document specific Mental Health service offerings and availability of services by hours & insurance. Educate community about available services. Work with Kanza.		**HCH/KANZA/SLS**			
		l	Continue Outpatient community-based programs. Promote existing mental health services, facilities, and providers. Educate community on placement process and options thru hospital physicians, clinics, and E.R.					
		m	Explore/set-up transportation options for Mental Health patients.					
2	**Obesity (Affordable Fitness & Nutrition)**	a	Explore community educational series through K-State Research and Extension focusing on cooking demos, food labels, grocery store tours, restaurants healthy meals / portions options, health fairs, classes, speakers etc. Grow & promote Farmer's Market. Explore offering gardening classes.	HCH & DOH	4H_FFA, Clinic, Club, Fit, Food, Ind, Lib, Park, Senior			

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	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Expand diabetic educational services. Partner with providers and Health Dept. to enhance this service. Have providers speak at schools across all age ranges.		HCH Providers, Diabetic Educator, Public Health Dept			$500
		c	Expand and enhance community activities that promote physical fitness/exercise for the entire family such as: "Walk with a doc". Sponsor a community-wide "fitness challenge" all ages.	HFH	Holton Family Health			$1,000
		d	Continue to provide education to employers through work-site health fairs and educational programs, including various screenings.	HCH Marketing				$2,000
		e	Partner with the City Parks and Recreation Dept to encourage additional opportunities throughout PSA.					$500
		f	Sponsor a program to teach people how to shop on a budget and eat 'healthy.. Continue to Increase access to healthy foods across all ages. Provide healthier school vending options.	Meadowlark District Area				
		g	Explore grants for free education regarding nutrition / physical activity / owning your health.					
		h	Continue "Meals on Wheels" program to support healthy lifestyles for elderly, disabled, or confined to their homes.	Jackson Co Senior Center	Jackson Co Senior Center	Ongoing		
		i	Conduct an inventory of fitness centers hours of operation / fees (plus research fitness demand) in PSA. Continue to promote "free" fitness activities within the community - Zumba, water aerobics, family swim, local 5k's etc. Continue to promote/sponsor a community-wide "fitness challenge" i.e. Weight loss.					$500
		j	Continue / support Backpack school program. Increase access to healthy foods in schools for youth with "No Kid Hungry" Campaign. Continue to promote WIC and food stamp programs. Utilize community resources to increase access to healthy foods.	Schools				
		k	Continue expansion for Parks & Rec to get full utilization. Spread awareness of its services and/or create a social media page for updates, events, or classes the community can engage in.					
		l	Continue hospital nutrition services. Encourage the utilization of dietician in primary care and specialty care settings.	Dietary				$1,000
		m	Continue to promote / provide "free and/or low cost" sports physicals / wellness examinations with school parents. Additionally, continue Medicare wellness outreach.	Holton Family Medicine	Holton & Royal Valley Schools, Community Healthcare Systems (Onaga) for Holton			$1,000
		n	Expand/ maintain walking trails. Promote daily/weekly walk-a-thons where the community can gather. Create a hospital walking path. Continue with building walking/ biking trails in PSA. Create water fill stations throughout wellness areas of PSA including on the trails.	Holton Community Hospital		Prior to March 31, 2025		
		o	Introduce programs that provide discounts or vouchers for purchasing healthy foods at local grocery stores or farmers' markets, especially for low-income families.	Jackson Co Pub health Dept				

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		p	Share local success stories of individuals or families who have adopted healthier lifestyles, providing inspiration and practical tips for others in the community. Launch a public health campaign using social media, local radio, and community events to raise awareness about the importance of healthy eating and regular exercise in preventing obesity.					
3	**Substance Abuse (Drugs)**	a	Continue to build community awareness on drug abuse resources. Coordinate all community marketing activities among Stakeholders. Develop educational promotions (both digital & traditional handouts) for community. Launch social media campaign to combat drug abuse and drunk driving.	Kanza & Prairieland	Clergy, Clinic, Club, Co, DOH, EMS, Law Enf, Mhealth, Teen			
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Assist schools on their effects to educate youth on the dangers of smoking / vaping. Explore possible Substance Abuse Speakers @ school assemblies/community events through grant capacities.					
		c	Build Recovery support community partners. Create programs to help addicts & their families. Continue to provide drug testing for patients. Recruit providers to visit community to provide outpatient treatment.					
		d	Continue and expand to offer / create meaningful community youth activities to keep youth engaged and active. Research prevalent issues leading to drug abuse by adolescents. (Utilizing JCCTC).	Schools				
		e	Continue to monitor prescription drug abuse. Support area physicians in discouraging prescription drug abuse. (KTRACS)	HCH		Ongoing		$1
		f	Continue to seek funding for Alcohol & Drug Abuse GRANT. Expand "no drinking" school educational program.	Schools				
		g	Continue with Health Classes in area schools and host speakers (DARE). Support USD post-graduation / post-prom parties financially	HCH/Schools				$300/yr
		h	Continue with hospital Pain Clinic services; offering alternative treatment options. Encourage the use of alternative therapies to reduce prescriptions of opioids. If needed. maintained up to date provider education/training.	HCH				$1
		h	Maintain the directory to document scope of substance abuse services and hours of service. Publish via count/city websites.	HCH - Social Services				
		i	Continuing AA, NA, and other support group programs that meets monthly. Help support program through additional funding or communication of information to community members.					
		j	Educate ED staff regarding substance abuse delivery. Continue to train law enforcement in crisis intervention. Enforce drug education training through Narcan training for every officer.					$1
		k	Establish / promote discarding old prescriptions at local police departments, especially opioids.					
		l	Expand education for providers on available Drug Abuse resources. Develop educational handouts for medical providers to distribute when prescribing schedule II drugs.					$1
		m	Expand screening brief intervention referral and treatment (SBIRT). Expand outpatient programs for substance abuse.					

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		n	Explore a local advertisement / social media campaign to combat drug and alcohol abuse and educate on the ramifications through grant capacities.					
		o	Explore Substance Abuse Coalition. Create programs to help addicts and their families. Continue to provide counseling and support for drug abusers and their families. Support local substance abuse counseling. Educate public on signs of drug abuse and how to approach those needing guidance.					
		p	Explore substance Abuse Speakers (Sheriff's Department) at the schools assemblies / community events.					
		r	Support substance abuse counseling for community members. Educate the schools and local community organizations on signs of drug abuse. Establish resource list available for addiction treatment.					
4	**Chronic Disease Management / Education**	a	Organize with partners community-based physical activity programs, such as walking clubs, yoga classes, or fitness challenges, tailored to individuals with chronic diseases.	HCH & DOH	4H_FFA, Chiro, Clinic, Club, HH_Hosp, Lib. Senior			$1
		b	Implement "Reminder Program" to encourage residents to visit their providers regularly for preventative screenings. Educate individuals to own their own health.					$1
		c	Explore the Medicare Chronic Disease Program. Invest in resources (manpower, capital, and Information systems) necessary to support the program.					$1
		d	Implement care coordination services that help patients navigate the healthcare system, schedule appointments, and follow up on treatment plans. Partner with Jackson County health Department for local needs.					$1
		e	Increase education on importance of preventive health care visits to catch early cancer. Collaborate with women's health services to ensure the female population is receiving yearly mammograms. Continue to encourage routine cancer screening.					
		f	Continue to develop processes to support primary care and other providers in efforts to refer patients to nutritionists and diabetic educators. Launch and promote support groups for diabetes, cancer, and cardiac rehab.	HCH	Social services (support group), CVS			$1,500
		g	Expand development of Kansas Healthcare Collaborative . Provide ongoing support, education, and outreach to individuals with chronic diseases.	HCH				$1,000
		h	Partner with Schools for more activities, education and offer more health fair booths (& topics).	HCH		Fall/Spring		$1,000
		i	Continue to provide and work on occupations health offerings / education to employers through work-site health fairs and educational programs, including various screenings through Jackson County Health Department.	Ja Co Health Department				$1
		j	Regularly conduct assessments to identify the prevalence of chronic diseases and the specific needs of the community with Jackson County Health Department.	Ja Co Health Department				
		k	Investigate the further usage of telemedicine to help with chronic disease management.	HCH				$500

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		l	Partner with pharmacies and healthcare providers to offer discounted or free medications for chronic disease management.	HCH	Medical Pharmacy/Walmart - 340b options			
5	**Adequate Housing**	a	Continue to develop and promote Jackson County Housing Development Plan to promote affordable safe housing for community residents. Contact Kansas Housing resources Corp about rural housing.	County	Cham, Co, Eco Dev, House, Senior			
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Compare the county's housing outcomes with similar communities to identify best practices and areas for improvement. Continuously gather feedback from residents to ensure that housing initiatives are meeting community needs and expectations. Contact Kansas Housing resources Corp about rural housing.					
		b	Explore the idea of establishing a re-home store for low cost renovation items. Partner with local businesses for appliance donation options.					
		c	Continue exploring the area and building a new apartment complexes for young families and potentially the elderly as two separate developments.					
		d	Offer rental tenant support resources such a unique payment plans. - Ministry					
		d	Start PSA research on population's age, income, family size, and other relevant factors to understand current and future housing needs.					
		e	Continue and Support "Habitat for Humanity" or other program. Teach technical skills (weekend workshops) to rehab houses for resell. Promote program.					$1
		e	Partner with banks to allow loans which aid in improvement of existing housing.					
		f	Continue to seek grant funding for public / safe housing. If available, designate community lead to work to attain the necessary grant.					$1
		g	Continue support the development of Medicare (62+) housing estates.					
		h	Host workshops to educate residents on housing issues, rights, and opportunities for involvement in planning processes. Contact HCCI					
		I	Continue to encourage banks to offer mortgage loans to first time home buyers and/or allow loans which aid in improvement of existing housing. Explore TOTO program.					
		j	Collaborate with private developers to create mixed-income communities that include affordable housing units.					
		k	Recruit Builders to Jackson County. Research options for housing estates new building development to meet PSA needs.					
6	**Uninsured (Lack of Medicaid)**	a	Continue to educate public on payment options at the hospital. Continue to enhance CMS Transparency web reporting and price transparency.	KHA & HCH	Aux, Cham, Clinic, DOH, Eco Dev, Insure			$500
	This health need is a community Social determinant, thus not part Hospital's Mission or Critical operations. Will partner with others as appropriate.	b	Continue to partner with nonprofits that specialize in health access to provide free or low-cost insurance navigation services.	HCH	Leadership continue to look at ways to engage (United Way, Sunflower, HINK, etc)			
		c	Continue to participate in Kansas Hospital Association campaigns advocating for Medicaid Expansion. Engage with legislators to advocate for Medicaid Expansion with special attention to newly elected local politicians.	HCH	Ongoing with members of leadership/legislative officials	ongoing		

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		d	Provide assistance to help uninsured individuals navigate issues related to medical debt or disputes with insurance companies.	HCH	Patient Financial Assistance role			
		e	Research federal assistance for health insurance policies for rural health organizations. Collaborate with KHA.	HCH/KHA				
		f	Explore debt relief programs in partnership with a local bank or private foundations to assist uninsured patients.	HCH				
		g	Develop white paper & collateral materials about what affordable health insurance means to Jackson County.	HCH/KHA				
		h	Support or create clinics that offer services on a sliding scale based on income, ensuring that uninsured individuals can still access healthcare.	HCH				$5,000
		i	Establish a community health fund that can provide emergency funds for uninsured individuals needing critical care.	HCH Foundation				
		j	Encourage local providers to accept Medicaid and possible have a FREE day of care per QQ.	HCH				$1,000
7	**Senior Health (Quality)**	a	Implement county wide Healthy Seniors Club. Establish programs, housing and services to allow older adults to "age in place". Explore starting the a "Adopt a Senior" Program in the county.	Faith Home Health & Hospice & HCH	Co, DOH, HH_Hosp, Mhealth, Senior, Trans			$500
		b	Continue hosting a county stakeholder meeting with all nursing home facilities and local providers to share service offerings biannually. Continue to promote local healthcare / self-service programs/ transitions of care.	HCH	All Area Nursing Home Facilities/Local Providers	Spring/Fall		$500
		c	Maintain access to in home, nursing home, and assisted living care through community outreach programs.	Faith HH/H & HCH				
		d	Explore Senior Care programs, research and apply for grant money to support programs. Continue with Speaker Bureau with KS State Extension.	Meadowlark Ext office				$500
		e	Promote Wellness visits (at a discount) for the uninsured population. Continue to offer discounted wellness labs through the Health Department.	Jackso Co Health Department				$1,000
		f	Maintain/grow senior transportation services for HC and Mental Health.					
	Overall Total Contributions							**$36,011**